

DR. ANTHONY J. AULETTA, JR.

Oral and Maxillofacial Surgery

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YOUR CHECKLIST FOR ANESTHESIA IN THE OFFICE

You are to receive intravenous anesthesia and **must** follow these instructions:

1) HAVE AN EMPTY STOMACH.

* If your surgery is scheduled earlier than 1:00pm, **DO NOT HAVE ANYTHING TO EAT OR DRINK, NOT EVEN WATER**, after midnight before your appointment.

* If your surgery is scheduled for 1:00 pm or after, you may have fluids, **at least six hours before surgery**, consisting of 6 oz. cup of juice, water, or black coffee. Do not have any dairy or sugar. **DO NOT HAVE ANYTHING ELSE TO EAT OR DRINK.**

2) Arrange for a responsible adult to accompany you the day of your surgery. We **REQUIRE** that your escort remain in our office during your surgery to be available for post operative instructions and to drive you home.

3) Wear short-sleeved or loose clothing (for ease of placing blood pressure cuff, heart monitor and starting your intravenous fluids). **No one-piece outfits, flip flops or lipstick.**

4) Remove your contact lenses before your appointment.

5) As a courtesy to your surgeon and other patients, please turn off your cell phone before entering treatment area.

6) If you take prescription medications, herbal supplements, or vitamins, please see below for specific instructions regarding these medications.

7) Because your diet will consist of cold soft foods the day of surgery, be sure to have yogurt, pudding, Jello, ice cream, smoothie, etc. on hand.

Additional Instructions:

1. _____
2. _____
3. _____
4. _____
5. _____