



DR. JENNA D. GODWIN
ORAL & MAXILLOFACIAL SURGERY

IV Anesthesia Pre-Operative Instructions

- You MAY NOT have anything to eat or drink for a minimum of **EIGHT (8)** hours prior to the appointment. **Clear fluids are allowed up to TWO hours prior to procedure, (ex. Gatorade, water, apple juice).**
- Drink plenty plenty of fluids the **day before** your surgery. We recommend 64 oz. of water or Gatorade to assist with the ease of your IV placement.
- No illicit drug use prior to any surgery. No marijuana use for **48 hours** prior to surgery due to the risk of serious anesthesia complications.
- A responsible adult must accompany the patient to the office, remain in the office during the **ENTIRE** procedure, drive the patient home and be with the patient at home throughout the remainder of the day.
- A third-party transportation company such as Uber, Lyft, or a taxi is permitted only if you bring a responsible adult to accompany you during the commute to the office and home.
- Please wear loose-fitting clothing and comfortable closed-toed shoes. A short-sleeve shirt is required for IV placement. White shirts are not recommended.
- Contact lenses, jewelry, dentures, and piercings (tongue and lip ring) must be removed prior to surgery.
- Please ensure nails are bare (no polish, dip powder, or acrylic nails) and refrain from wearing lipstick or excessive makeup as these can interfere with monitors during anesthesia.
- If you have an illness such as a cold, sore throat, fever, productive cough, or stomach/bowel upset, please notify the office. Your surgery may need to be postponed for your safety.
- If you were prescribed an oral sedative medication to take prior to surgery, please ensure that you pick up your prescription from your pharmacy and bring to your appointment as instructed by your doctor. Please **DO NOT** take any

sedative medications of your own which were not prescribed by your surgeon on the day of your surgery.

- If you take routine **high blood pressure** or **diabetes medications**, please make sure you discuss with us if you should withhold these medications during the eight-hour period of fasting.

You are expected to arrive 15 minutes prior to your appointment time. If you are more than 15 minutes late, your surgery will be cancelled and a late fee assessed. For my safety, I agree that if I do not follow these pre-op instructions, my surgery may be rescheduled and I will be subjected to a \$250 cancellation fee.